



Senior School

Parents' Handbook

Academic Year 2022 / 2023



SHREWSBURY
HIGH SCHOOL

GDST
GIRLS' DAY SCHOOL TRUST

Contents

	- 1 -
Part 1 – Welcome to Shrewsbury High School	- 3 -
Governing Body – from September 2022	- 5 -
Staff overview at Senior School	- 5 -
Senior Academic Staff	- 5 -
Support Colleagues	- 6 -
The Friends of Shrewsbury High School	- 8 -
Expectations, Rights and Responsibilities for students at SHS	- 9 -
Rewards and celebration of student success	- 10 -
Behaviour and conduct at SHS	- 11 -
Health and Safety within the School environment	- 13 -
ICT and Digital Literacy	- 14 -
Policy Information	- 15 -
Changes in Circumstances	- 15 -
Comments and Complaints Procedure	- 15 -
Equal Opportunities	- 15 -
Communication and Events	- 16 -
School Term Dates 2022-23	- 17 -
Part 2 – Details for pupils and parents	- 18 -
Overview of the school day	- 18 -
Attendance and Absence	- 18 -
School Uniform	- 19 -
Purchasing Uniform	- 20 -
Schedule of Parents’ Evenings and Reports 2022-2023	- 21 -
Tutor Group Teams 2022-23	- 22 -
Wellbeing and Pastoral Care – ‘Climb time’ at SHS	- 23 -
Contacting the Pastoral Team	- 23 -
Induction for new students	- 24 -
Our wellbeing and pastoral care structure	- 24 -
Academic Information	- 26 -
Homework	- 26 -
School Examinations	- 26 -
Specific Learning Needs and Difficulties (SEND)	- 27 -
English as a second language (EAL)	- 27 -
Co-Curricular Activities	- 28 -
Co-Curricular Music Lessons	- 28 -
Co-Curricular Sport	- 29 -
High Drama at Shrewsbury High School	- 29 -
London Academy of Music and Dramatic Art (L.A.M.D.A)	- 30 -
School Lunches	- 31 -

Part I – Welcome to Shrewsbury High School

Aims and Ethos

Our core pillars - Character, Endeavour and Achievement.

Our core purpose - to build pupils of character and enable them, through their own endeavour to achieve beyond the bounds of expectation.

Our core vision – to provide an education, within an inclusive, caring and purposeful community, that is an exciting journey of discovery for each individual, opening doors to a world of possibilities.

Our values – moral integrity, respect for self and others, compassion, social responsibility and ambition.

Our qualities – confidence, kindness, curiosity, creativity, resilience and courage.

Our promise – to promote happiness, guide discovery, have fun, realise potential and deliver excellence – consistently and reliably – for all our pupils.

MISSION STATEMENT

Our core pillars of **character**, **endeavour** and **achievement** underpin everything that we do.

With a healthy sense of fun and adventure and a commitment to innovative teaching and learning, we aim to bring out the best in each and every pupil, regardless of their starting point or background. We ignite curiosity, foster a love of learning, hone independent study skills and grow an appreciation of what can be achieved through creative thinking, hard work and perseverance.

We seek to instil core values of *moral integrity*, *respect for self and others*, *social responsibility* and *ambition*. We want our pupils to be *compassionate* and value good friendship. The inculcation of these values helps our pupils develop a strong sense of self-worth and a determination to make a difference to the world in which they live.

Working in partnership with parents, we want to build pupils who are confident, kind and curious. By encouraging creativity and building resilience we help our pupils develop skills to solve problems and cope with setbacks so that when they leave the High School our pupils go out into the world seeking to be courageous rather than perfect.

Alongside pursuing excellent exam results it matters to us that our pupils pursue existing passions and discover new ones by taking part in a wide range of enrichment and co-curricular activities which promote physical and mental health, build character and further develop valuable skills for a successful life.

We strive for excellence in all that we do and seek to provide an environment where our pupils can thrive emotionally and academically because they feel safe to take risks. We seek to recruit and retain a talented team of teaching and support staff who place the wellbeing and success of all our pupils at the heart of everything they do.

We are proud to be part of the GDST family of schools and excited by the benefits the GDST network offers all of our pupils. With access to an alumnae network of over 70,000 brilliant women we can remain a small school and truly know every pupil whilst offering them a wealth of experience and support beyond Town Walls.

Our Senior School is committed to the GDST ethos of girls first and we seek to reach as many talented girls as possible by providing bursaries and running an active outreach programme. We value our heritage and are true to our GDST founding principles of helping every girl fulfil her potential and dreams.

Governing Body – from September 2022

Chair of Governors	Dr Sara Short
Members	Mrs Sarah J Chaloner Brigadier Robin Anderton-Brown Mrs Victoria Handbury-Madin Mrs Jane Spiby

Staff overview at Senior School

Senior Academic Staff

Ms Jo Sharrock	Headteacher
Mrs Charlotte Adams*	Religion, Philosophy and Ethics
Mr Robin Aldridge	Head of English, More Able and Talented Coordinator
Mr Joseph Allan	Director of Sixth Form, History and Politics
Mr Rory Allen	Head of Stage – Year 9, English
Mrs Kimberley Anderson	Head of Geography
Mrs Ceri Anthony	Head of Stage – Middle School, PE
Ms Jane Atkins	French
Mrs Diane Birt	Head of Classics
Miss Jessica Bowen	Music
Mrs Emily Brick	ELT, Head of co-curricular, EVC, Chemistry
Mr Chris Bunn	Whole School Director of Music
Ms Jan Cook*	Chemistry, Geography
Mrs Stacey Cooke	Mathematics, D of E coordinator
Mrs Françoise Cross*	French Language Assistant
Miss Emma Davies	Head of Humanities Faculty, Staff Wellbeing representative
Ms Caroline Desvaux*	Teacher of MFL
Miss Ainhoa Domingo Villanova*	Spanish Language Assistant
Mrs Petra von Dungern*	German Language Assistant
Mrs Sian Fenner	Whole School Director of Sport
Mrs Sally Gallivan*	Physics
Mr Craig Godbold	Computer Science
Mrs Bryony Gutman	Modern Foreign Languages (French, German)
Mrs Maria Harding	Head of Science Faculty
Mrs Hélène Herring*	French Language Assistant
Mr Jonathan High*	Geography
Mrs Geraldine Irvine	Head of Modern Foreign Languages Faculty, Teaching and Learning
Miss Sarah Jones*	Biology
Mrs Amanda Lingen	English
Mrs Julie Mackie	<i>Deputy Head Pastoral – January 2023</i>
Mrs Natalie McBride	Teaching Assistant
Mr Christian McCarthy*	History, Government and Politics & Computing
Mrs Victoria McQueen*	Head of Psychology
Mr James Millichamp	Head of Creative Technologies Faculty
Mrs Jacqueline Mills	Head of Mathematics Faculty
Mr Jon Murnane*	Classics
Miss Joanne Orgill*	Subject Co-ordinator, French

Mrs Gemma Parish	UCAS, Careers, Outreach and Partnerships Lead, Charities and, EPQ Coordinator
Mr Darren Payne	Senior Deputy Head, SLT, Chemistry
Mr Andrew Petford	Head of Computer Science, IT & Digital Learning, Timetable & Options
Mr Anthony Pyle	Head of Physics
Mrs Clare Read	Mathematics
Mrs Michelle Reece	Head of Period X, PE
Dr Liz Richardson*	Physics, Psychology
Mrs Marion Rumble	Head of Economics & Business
Mrs Rachel Sadd	Deputy Director of Sixth Form, DDSL, PE, Psychology
Miss Jessica Shenton	Head of Stage – Lower School, English
Mrs Natalie Thomas	SENDSCO, DDSL, Head of Learning Enhancement, Assessment Reporting & Monitoring
Mrs Claire Tinney	Head of Chemistry, Oxbridge Coordinator
Mrs Paula Tombs	Head of Drama
Mrs Carla Tonks	Head of Religion, Philosophy, Ethics and PSHE
Mrs Katie Turner	Art
Miss Elsa Varas Solana	Modern Foreign Languages (Spanish) – currently on maternity leave
Mrs Julia Viani	Subject Co-ordinator, Design & Food Technology, Teaching Assistant
Miss Sally Vyse*	Biology
Mrs Susan Watters*	EAL, Teaching Assistant
Mrs Kate Wilde*	Economics and Business

**denotes part-time member of staff*

Support Colleagues

Please see below a summary of support colleagues in areas of the school whom parents and students may have contact with directly:

Mrs Fiona Fox	Director of Finance and Operations, SLT
Mrs Sally Edwards	Finance and Operations Manager
Mrs Sue Francis	Finance and Operations Assistant
Mrs Julie Humphreys	Head teacher's PA and Clerk to the Governors
Mrs Joanna Jepson	Director of Marketing, Admissions and Communications, SLT
Mrs Liz Farrow	Marketing Assistant
Mrs Davinia Evans	Office Manager
Mrs Julie Bayliss	Senior School Office
Mrs Gail Bywater	Senior School Office
Miss Grace Ward	Junior School Office
Mrs Tiffany Pardoe	Reprographics Manager
Miss Alex Hale	School Librarian
Mrs Susan Livesey	School Nurse
Mrs Rosalind Fraser-Andrews	School Counsellor
Mr Nick Jones	Acting Facilities Manager
Mr Peter Duckett	Chef Manager
Mrs Liz Gosney	IT Development Manager
Mr Lee Hodgkinson	IT Network Manager
Mr Martin Amos	IT Technician
Mrs Charlotte Stevenson	Examinations and Data Officer

Peripatetic Music Teachers

Mr Reuben Alldridge	Trumpet, Trombone, French Horn
Mr Mark Baigent	Oboe
Mrs Harriet Ballantyne	Singing
Mr Paul Blackwell	Speech and Drama / LAMDA
Mr Simon Cresswell	Acoustic and Electric Guitar
Mr John Hargreaves	Bassoon, Piano
Mrs Julia Hargreaves	Violin
Mr Carl Hemmingsley	Drum Teacher
Mr John Hutchinson	Trumpet
Mrs Kate Joyce	Drumkit, Percussion, Piano
Mrs Katy Landon	Flute, Clarinet, Saxophone
Miss Sarah Lee	Singing
Mr Donny McKenzie	Clarinet, Saxophone
Mrs Maria McKenzie	Saxophone, Clarinet
Mrs Jane Magee	Piano, Violoncello, Double Bass
Mrs Di Platts	Piano, Theory, ABRSM Co-ordinator
Mrs Katie Taylor	Piano
Mr Andrew Womble	Flute

The Friends of Shrewsbury High School

Committee Members are listed below. This membership may change in the Autumn Term 2022.

In order to contact the Friends Committee, please email this address directly:

friendsofshrewsburyhighschool@gmail.com

Members of the Committee:

Name	Role
Cath Shuttlewood	Chair
Emma Kay	Treasurer
Antonia Bowett	Secretary

Existing Members:

Name	Junior / Senior
Laura Hannah	Junior and Senior
Elodie Home	Junior and Senior
Sam Leese	Junior and Senior
Penny Davies	Senior
Clare Lloyd	Senior
Rachel Moelwyn Williams	Senior
Adam Pearson	Senior
Mike Perkins	Senior
Bev Sloane	Senior
Beth Taylor	Senior
Paul Weston	Senior

Staff Members include:

Name	Role
Ms J Sharrock	Headteacher
Mrs K Millichamp	Head of Junior School
Mrs E Brick	Extended Leadership Team, EVC and Co-curricular
Mrs T Pardoe	Reprographics

Expectations, Rights and Responsibilities for students at SHS

At Shrewsbury High School, we believe that good relationships are the key to the development and progress of all of our students.

The Senior Student Council formulated these expectations for all students in our school to follow as a code of conduct below.

Our core values of character, endeavour and achievement are central to our code of conduct:

- We all aim to treat other people as we would wish to be treated ourselves
- Every pupil has the right to be safe and happy at school

For students:

- Every student is expected to be kind, inclusive and fair to one another
- Respect one another regardless of personality, sexuality, culture, race, religion or political beliefs
- Be respectful of other people's and school property
- Treat the school site, facilities, and resources with care
- Follow the school uniform code
- Have a positive attitude to learning
- To collaborate, support and work together
- Take responsibility for their learning
- Carry out all tasks and homework to the best of your ability

Bullying, cheating, stealing, dishonesty and discrimination of any kind are serious offences against our code of mutual respect and will not be tolerated. Should this occur, students are encouraged to speak to a member of staff, particularly their form tutor or Head of Stage.

Our staff:

- Treat all students fairly and as individuals, and have high expectations
- Encourage and support every student to achieve their potential
- Be understanding, listen to students and be professional at all times
- Be consistent with rewards and sanctions
- Offer pastoral support as class teachers and as form tutors

When travelling to and from school, and when out of school on a school trip/activity, pupils should aim to treat members of the public as they would wish to be treated themselves and are always ambassadors both for our school and for the GDST.

Above all, we want our school to be a friendly, welcoming, and happy place, where each girl can do her best and become confident about herself and where the staff and pupils feel happy to work.

Our SHS Expectations and the code of conduct will be linked to four areas of school life:

1. Rewards and celebration
2. Classroom discipline
3. Behaviour outside the classroom
4. Bullying and unkindness to others

Rewards and celebration of student success

We all know that students want meaningful recognition for their achievements, and that they are applauded and recognised within our school community. We aim to reward good behaviour informally and to recognise and praise achievements of all different kinds through verbal commendation, assemblies and publications. Rewards at Shrewsbury High School recognise House Points, which are added up for specific rewards in School in addition to certificates and recognition through praise.

House Points are awarded by teachers to recognise any type of achievement deemed worthy of such reward. These achievements may include high test or exam marks, a series of excellent homework pieces, significant progress or improvement, hard work, evidence of background knowledge, an outstanding piece of independent work, a notably good class presentation or debate, or a positive contribution to class discussion. They may also be rewarded for school service, extracurricular participation and achievement or house contribution.

House points will be recorded by teachers in SIMS, and these will be shared with Parents via the SIMS Parent App and be logged as 'Achievements'.

Recognition of positive behaviour could be through:

- a) Celebratory calls, postcards, or emails home
- b) Praise in assemblies (year group or full school)
- c) Referral to Head of Department, Head of Stage, SLT or the Head teacher for recognition
- d) Star student of the month
- e) Certificates in House Meetings or full school assemblies
- f) School awards for Character, Endeavour, and Achievement
- g) House Point rewards
- h) News on SHS social media as recognition, or via School website or newsletters

House Point certificates will be awarded as below –

For years 7-9:

- Bronze – 25 House Points
- Silver – 50 House Points
- Gold – 100 House Points
- Platinum – 150 House Points
- Head teacher's commendation – 200 House Points

In years 10-13:

- Bronze – 15 House Points
- Silver – 30 House Points
- Gold – 50 House Points
- Platinum – 75 House Points
- Head teacher's commendation – 100 House Points

Behaviour and conduct at SHS

These rules were recommended through pupil consultation.

Classroom discipline

Pupils should always...

<ul style="list-style-type: none">○ Be respectful to teachers○ Wear correct uniform○ Have the correct equipment○ Not call out or interrupt others, and respect other students○ Arriving at school/lessons with a desire to learn and a good attitude	<ul style="list-style-type: none">○ Be punctual to lessons for a clean start to the class○ Respect school facilities○ Limit off task chat to social times so that others can learn○ Ensure homework is completed
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Behaviour outside the classroom

Pupils should always:

<ul style="list-style-type: none">○ No running in corridors○ No littering – anywhere on school premises○ No phones in corridors○ Wear uniform correctly○ Use appropriate language	<ul style="list-style-type: none">○ Be kind and respect one another○ Respect all staff○ Clear away in the dining room / after your lunch○ No bullying of others○ No chewing gum in school
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Bullying and unkindness to others

Any incidents of unkindness and lack of respect to others will not be tolerated. From the consultation with students and Heads of Year with Form Captains, Antibullying is also a regular item discussed at School Council. Threats, physical attack, name-calling, mocking, harassment, racism, sexism, cyber-bullying, and all forms of victimisation are not acceptable.

The Anti-Bullying Policy should be read alongside the Behaviour and Good Conduct Policy. All staff will intervene and challenge students if they witness acts of unkindness or harassment.

All incidents should be logged on CPOMS as part of our Safeguarding and Pastoral records, to alert the Form tutor and Head of Stage, and recording the actions which were taken at the time and will receive specific sanctions (consequences) in line with the Behaviour and Good Conduct Policy. A copy of the school's Anti-Bullying policy can be obtained from the school office or via the school website. In addition, we run the initiative Girls on Board, more information can be found on the school website.

Uniform, make up and jewellery

We expect all students to wear the correct uniform and to have a professional appearance in school. Hair should be of a natural colour, and long hair must be tied back in practical lessons for Health and Safety reasons.

Furthermore, pupils are only allowed one piercing in the lobe of each ear, and only studs should be worn for safety. No rings, necklaces or other jewellery should be worn, except for a watch or those for religious reasons. Scarves should not be worn around school by pupils in Years 7 – 11. We do not permit heavy makeup to be worn in school, but natural makeup which is discreet is acceptable. Students should not have nail varnish, gel or nail extensions. Students should not wear false eyelashes of any kind or extensions/in fills.

Personal Possessions

All belongings must be clearly marked with the pupil's name. If a pupil loses an item, this should be reported to their form teacher. Money should not be needed during the school day, but if it is brought into school, it should be carried or taken to the office for safekeeping. The School takes no responsibility for the loss or breakage of any items of value, which should be locked in lockers during the school day.

Each pupil can use a small locker, in which personal property and games clothes can be stored for safe keeping. Clothing, sports gear, watches, etc. **must** be clearly marked with the girl's name. Valuables (watches, money etc) **must** be handed to the PE staff during PE and Games. Pupils have use of the bag drop areas across school to temporarily store items throughout the school day. Students must take responsibility for their own items and equipment throughout the school day.

Mobile Phones

Mobile phones **must be switched off during the school day**. If pupils are seen using phones on corridors/in classrooms, staff have the right to confiscate them for collection at the end of the day. On the third confiscation, parents will be asked to collect phones from the school office. Many mobile phones have cameras built into them so please note that pupils are not allowed to take pictures, make videos or sound recordings in school, as this would be in breach of our code of conduct and could cause distress to other students.

Students can check their mobile phones for Teams homework or timetables in the dining room only until 8.20am and turn the 'phones on at 4.00pm. **We would strongly request** that parents do not call students on their mobile phones throughout the school day but contact the school office on 01743 494000.

Exclusion

Pupils may be excluded for a fixed period and/or permanently excluded for breach of school rules or non-payment of fees. Exclusions will be made in accordance with the Trust's published procedure, a copy of which can be obtained from the school office.

Exclusions may apply to the following for example: assault or fighting; bringing alcohol into school; poor attendance that is not the result of illness; repeated bullying; failure to comply with school rules; a result of misconduct, or the non-payment of fees. This list is not exhaustive.

Health and Safety within the School environment

Entering and leaving the school site

Students should enter and leave the school grounds through the black pupils' gate at the corner of Town Walls. Punctuality for registration at 8.30am and for all lessons is required. Pupils may not leave the school premises during the day; the exception to this is when written permission has been requested from parents to the Head and agreed by the Head teacher.

Please note that if your child attends L.A.M.D.A. after school, we would request that you write to confirm that they are allowed to leave the site at 4.00pm and return for their session, and that you are happy for them not to be supervised on site for this time. Please send this to the front office, at enquiries@shr.gdst.net

Pupils must walk when moving round the buildings, being mindful of those around them and being respectful of others. The school operates a door access system for which pupils will be given the relevant codes. These codes are changed on a regular basis and should not be shared with anyone outside of the school for safeguarding reasons. Pupils must follow any instructions given to ensure their safety, particularly in practical lessons or when using equipment, or in the event of an evacuation.

The car park is out of bounds, except for access. The stairs from the front hall to the dining room are also out of bounds, except when moving to and from assembly. The Sixth Form areas are out of bounds to all students in other years.

Bicycles must not be ridden in the school grounds and there are specific locking areas for bicycles to be stored throughout the school day. All litter should be placed in bins around the site, or into recycling containers to look after our environment.

At break, snacks may be eaten in the dining room or grounds, provided that no litter is left. Lunches are eaten in the dining room unless they are a packed lunch option for a student attending a lunchtime activity. No food should be consumed in the school corridors or on the balcony area at any time.

Evacuation Procedure

Pupils need to familiarise themselves with the school evacuation procedures available on Firefly. In the event of an evacuation, pupils should move in a quiet and orderly fashion to the designated meeting place following any instructions given.

Closure of the School

If this becomes necessary due to snow, floods or for any other reason, we shall send out a text message and email to parents. In addition, and if appropriate, the information will also be shared on the school website and social media channels and BBC Radio Shropshire.

Cigarettes, Alcohol and Drugs – substances on the school site

Alcohol, cigarettes, tobacco, vaping products, and drugs are not allowed on school premises. Infringement of this rule may result in temporary or permanent exclusion. All pupils are educated and counselled about the dangers of smoking, vaping, alcohol, and drug abuse through Climb time (our pastoral curriculum), PSHE and the Period X programme. Pupils are not allowed to smoke or possess cigarettes, tobacco or vaping products at school or on any school-related activity.

The school is committed to the health and safety of all pupils and will take action to safeguard their wellbeing. Any contravention of these rules is liable to lead to internal suspension or exclusion, dependent on the nature of the incident. The possession of illegal drugs or drug-taking in a school-related activity is forbidden and would risk permanent exclusion from the school.

ICT and Digital Literacy

Every pupil is required to bring their own device as part of their school equipment. There are suggested specifications for this – please contact ITSupport@shr.gdst.net or Mr. Petford (a.petford@shr.gdst.net) for further information.

To transfer work between school and home, we encourage students to use the One Drive cloud storage which is attached to their personal email and Office account. Work can also be e-mailed home; every girl is given her own school e-mail address, but the use of other e-mail providers has been removed for online safety reasons.

The use of the Internet is monitored, and we have software in place to block inappropriate Internet sites. Before your daughter is allowed to use the Internet and e-mail, she will need to read and sign an ICT Code of Conduct that you will also need to endorse to indicate that you have read it. This is designed to encourage safe and sensible use of ICT both at school and at home. The Code of Conduct will be shared with you online to complete for the Autumn term/the point at joining the school.

Online Safety

Online Safety is taken extremely seriously at Shrewsbury High School. We speak to every student about social media, their digital footprint and being kind online. Every student will be taught during the time at school about digital literacy and awareness of how to conduct themselves online. As part of this programme, every student is expected to conform to the school online user agreement and code of conduct.

Any unkindness on social media/online will be treated as a school matter and the Behaviour and Good Conduct Policy will apply. We advise parents to monitor the use of group chats and regularly speak to their child about the apps that they are using.

Student use of software and devices within school will be monitored via Lightspeed Monitoring, as part of our routine safeguarding procedures, with a report available to the Designated and Deputy Designated Safeguarding Leads. Mr Blenkinsop leads on this area of safeguarding in school.

If students are concerned relating to an online safety issue, they can report this during term time to the Ihaveaconcern@shr.gdst.net email address or contact CEOP out of school hours or in the holidays <https://www.ceop.police.uk/ceop-reporting/>

Please see more information here <https://www.ceop.police.uk/Safety-Centre/How-can-CEOP-help-me-YP/How-can-CEOP-help-me-parent/>

Policy Information

A comprehensive overview of school policies can be found on the school website here: <https://shrewsburyhigh.gdst.net/key-information/school-policies/> Specific information for parents is summarised below for quick reference.

The following policies can also be found on the school Firefly platform:

- Admissions
- Behaviour and Good Conduct
- Curriculum Policy
- Exclusion
- Anti-bullying
- Complaints
- Educational Visits
- Safeguarding and Child Protection

Hard copies can also be obtained from the school office upon request. It is also school policy that parents, upon phoning the school office, can be given the exam results of the previous year and the number of complaints received by the school in the previous year.

Changes in Circumstances

Parents must notify the school in writing of any relevant changes in circumstances. These include change of address/phone number/email address, details of court orders, family ill health, financial difficulties or change in family circumstances. These will be treated in confidence. We are committed to working closely with parents in their child's interests and to providing our best levels of pastoral care. By using the Sims App, parents are able to amend and update personal information directly.

Comments and Complaints Procedure

We are keen to provide parents and pupils with high standards of service and would like to hear your comments, suggestions, or complaints, so that improvements can be made. Initially, concerns are requested to be shared with the child's form tutor.

However, should your complaint not be resolved to your satisfaction through the appropriate channels within the school, please put your complaint in writing to the Head as soon as possible. The complaint will be dealt with in accordance with the Trusts' published procedure, a copy of which can be obtained from the school office or via the school website.

Equal Opportunities

All pupils have equal access to curricular subjects up to and including GCSE level, although some departments are required to set criteria for certain A Level subjects. Pupils also have equal access to co-curricular activities within any stipulated criteria. Furthermore, as a school we have a commitment to actively promoting equality within our community. Our whole school Equality Statement can be found on the school website.

Communication and Events

Communication is at the heart of our relationship with parents, and as a school we aim to make our communications as efficient and effective as possible. Therefore, many of our communications will be via 'paperless' routes, and we would ask to confirm your email with school as part of our parent contact information. For some parts of school life, specific apps or websites are used, which will require parents to log in. For further information, please contact Mrs Jepson (j.jepson@shr.gdst.net) our Director of Communications, Admissions and Marketing.

Newsletters

Our Whole School Weekly Newsletter is sent out via a link to parents each Friday, and can be found on the school website each week during term time: <https://shrewsburyhigh.gdst.net/newsletters/>

Sims Parent App and ParentPay

The SIMS Parent app is a convenient and easy to use way for us to share information with our parents about your child's school life. All parents are invited to sign up to the app, which can be accessed via a smartphone, tablet or PC, anytime, anywhere. School term dates, timetable, attendance and contact details are available at the click of a button, along with your child's school report and grade cards.

If you have more than one child at the school, you will have access to information for all your children, from the same app. Full information can be found here – [Sims Parent App link](#)

Furthermore, parents can access our new online payment system, ParentPay, to pay for items such as school trips, and also view what food items have been chosen through the catering facility.

Database and Consent Forms

Parents are asked to keep the school notified of any changes to domestic circumstances regularly. This can be done in writing to the Enquiries email (enquiries@shr.gdst.net) or via contact with a student's Head of Stage or Key Stage. Changes may also be made via the Parent SIMS App.

A blanket consent form for trips within the school day is requested upon a pupils' entry to the school. *Residential trips, trips requiring payment, full day trips and activity-based trips will still require individual permission from parents.* Parents are asked to notify the school of emergency contact details for trips if they differ to information held on the database.

It is the responsibility of parents to inform the school of any changes in their children's medical condition.

School Events

It is hoped that parents will support school events, such as sports' days and Friends of Shrewsbury High School functions. These are held throughout the year, for fundraising and social purposes, and include quiz evenings, treasure hunts and fêtes. **Please note** that for some calendar events such as school concerts and plays, the Carol Service, the Leavers' Service and Prize Giving, and Open Days **pupils are expected to attend** as part of our community. All dates will be advertised in the weekly newsletter.

School Term Dates 2022-23

Autumn Term 2022

Monday 5th September to Thursday 15th December

Half-term

Staff Study Days

Monday 24th October to Friday 28th October

Thursday 1st September

Friday 2nd September

Monday 31st October

Spring Term 2023

Tuesday 10th January to Friday 31st March

Half-term

Easter Holiday

Staff Study Days

Staff Study Evening

Monday 20th February to Friday 24th February

Monday 3rd April to Friday 21st April

Monday 9th January

Wednesday 1st February

Monday 6th March

Summer Term 2023

Monday 24th April to Friday 7th July

Half-term

Bank Holiday

Staff Study Evening

Monday 29th May to Friday 2nd June

Monday 1st May

Monday 24th April

Wednesday 24th May

Monday 12th June

Please ensure that all holidays are taken entirely outside these term dates. A link to this information is also on our school website.

Parents do not have the right to take children out of school during term time; the school will only allow it in exceptional circumstances. Permission in exceptional instances must be sought in writing to the Head prior to any arrangements being made. Time taken for holidays will be considered unauthorised.

Part 2 – Details for pupils and parents

Overview of the school day

Pupils should be in school for 8:30am	
Registration	8:30am
Assembly per year group	8.40am
Period 1	9.00-10.00am
Period 2	10.05-11.05am
Break	11.05-11.25am
Period 3	11.30am-12.30pm
Lunch time	12.30-1.55pm
Period 4	1.55-2.55pm
Period 5	3.00-4.00pm

**Pupils are allowed 5 minutes moving time between lessons.*

Pupils are allowed into school from 8:00am onwards each day and are expected to move straight to the dining room until they move to their form rooms at 8:20am. Duty staff are available from 8:00am onwards in case of accident or emergency each day.

Any pupils who remain on site after the end of the school day at 4:00pm should either be engaged in an official after-school activity or in the supervised areas:

- Years 7-10 should go to the School Library and sign in, which is supervised until 5:15pm by the School Librarian
- Years 11-13 should go to the dining room and sign in, which will have a duty member of staff until 5.30pm

After school supervision for all students ends at 5.30pm. There is a member of the SLT and a member of the teaching staff on duty until 5:30pm at the end of each day.

Attendance and Absence

When your child is absent due to illness, please telephone the school office before 9.00am on that day. This will be recorded by the office, removing the need for a retrospective note explaining the absence.

If the period of illness is extended the office should be informed of this and a note or email sent in upon your child's return. Where medical/dental appointments must be made in school time, they should be notified to the form teacher in advance. Any requests for absence for other reasons must be made in advance to the Head via email to head@shr.gdst.net This will be recorded in the school office.

Assemblies

Each pastoral stage of the school will have assemblies regularly, usually on Week A of the two-week timetable. These are taken by a variety of speakers, including the Head, Deputy Headteachers, Heads of Stage, Academic teaching staff and guest speakers. Full school assembly is held every Monday morning.

School Uniform

All items to be named clearly and unless marked optional or recommended *SHOULD* be purchased. We firmly believe that pupils should wear uniform that looks smart and professional to feel pride in our community and ready to learn.

Winter Uniform

- Navy blue SHS blazer
- SHS skirt – available from the School Shop; *please note that length is important. This should be no more than 4cm from the top of the kneecap for a professional appearance.*
- SHS navy trousers – available from the School Shop
- Blue, reversed neck, fitted blouse
- Navy V-necked jersey with school logo or navy cardigan with school logo
 - Maroon V-necked jersey with school logo – Year 11 only (optional)
- Navy or black knee or ankle length socks or tights – *plain in design, no trainer socks*
- Plain black or navy shoes with heels not higher than 4cm - *no platform shoes*
- Blue Art/Science overall
- Hair slides, bands or scrunchies in plain navy, black or white please
- Knitted scarf school colours - optional

Summer Uniform

- Summer short sleeve fitted blouse worn with school skirt
- White, black, or navy ankle socks (not trainer socks) or flesh coloured/black/navy tights

Games/Physical Education

- Athletic shorts
- Navy sports top
- Navy tracksuit bottoms (optional)
- Navy Softshell (for PE only not to be worn with everyday uniform)
- All weather jacket
- Navy games skort
- Base layer top – navy printed with school name
- Base layer bottoms – navy printed with school name
- Navy blue hockey socks with sky blue hoop
- White ankle socks
- Own swimsuit (one piece – dark colour)
- Astroturf shoes – for use on Astro only
- Training shoes – any colour
- Football boots
- Gumshield – (If a brace is worn, please see your orthodontist) **Compulsory**
- Shin pads
- Kit/locker bag
- Boot bag (optional)

Purchasing Uniform

Shrewsbury High School uniform is available from School Shop Direct.

School Shop Direct
17-18 Sundorne Trade Park
Shrewsbury
SY1 4NS



If using a Sat Nav SY1 4YA

Telephone: 01743 440449
Email address: info@schoolshopdirect.co.uk
Website/on-line shop: www.schoolshopdirect.co.uk

Opening Times

Term-time Monday to Friday, 9am - 5pm
Saturday 9am – 4pm

Summer holidays Extended opening – please see the website link above

Appointments You are welcome to visit at any time during opening hours without an appointment. If you would like a set appointment, please telephone the shop to arrange.

Nearly New Uniform Shop

The second hand uniform shop is situated on the school site and it stocks a good range of second hand school uniform. All donated items can be dropped off at either junior or senior school offices. Items are only accepted for sale if they are current regulation uniform, clean and in a good condition. You can contact d.evans@shr.gdst.net to arrange a time to come in to have a look at the uniform (during school holidays only).

Schedule of Parents' Evenings and Reports 2022-2023

Year Group	Autumn		Spring			Summer		
	1 st half	2 nd half	1 st half	2 nd half	1 st half	2 nd half		
7	Introduction to Year 7 evening <i>September</i>	Subject Parents' Evening <i>November</i>	Grade Card <i>February</i>		Grade Card <i>March</i>	School Exams <i>May</i>	Full Report <i>June</i>	
8	Grade Card <i>October</i>	Grade Card <i>December</i>	Subject Parents' Evening <i>January</i>		Grade Card <i>March</i>	School Exams <i>May</i>	Full Report <i>June</i>	
9	Grade card <i>October</i>	Options Evening <i>November</i>	Subject Parents' Evening <i>November</i>	Grade Card <i>February</i>		Full report <i>March</i>	School Exams <i>May</i>	Grade card <i>June</i>
10	Grade card <i>October</i>	Grade Card <i>December</i>		Grade Card <i>February</i>		Subject Parents' Evening <i>March</i>	School Exams <i>May</i>	Full report <i>June</i>
11	Subject Parents' Evening <i>October</i>	6th Form Info Evening <i>November</i>	Grade Card <i>December</i>	Mock exams <i>January</i>	Subject Parents' Evening <i>January</i>	Grade Card <i>March</i>	Year 11 Report <i>May</i>	
12	Introduction to Sixth Form evening <i>September</i>	Grade Card <i>October</i>	Grade Card <i>December</i>	Subject Assessments <i>January</i>	Subject Parents' Evening <i>February</i>	Grade Card <i>March</i>	School Exams <i>May</i>	Higher Education Evening <i>June</i>
13	Subject Parents' Evening <i>September</i>	Grade Card <i>December</i>		Mock exams <i>January</i>	Subject Parents' Evening <i>February</i>	Grade Card <i>March</i>	Valedictory report <i>May</i>	

Tutor Group Teams 2022-23

Tutor teams			Head of Stage	Co-tutors for each stage
7P Mrs D Birt Room 21		7Q Mrs A Lingen Room 22	Head of Stage – Lower School Miss J Shenton	Miss J Bowen Ms J Cook Mr C McCarthy Mme J Orgill Dr E Richardson
8P Miss E Davies Room 32		8Q Mrs M Reece Room 20		
9P Ms J Atkins Room 8	9Q Mrs S Cooke Room 7	9R Mrs V McQueen Room 6	Head of Stage – Head of Year 9 Mr R Allen	Mrs C Adams Mrs S Fenner Mrs M Harding Miss S Vyse
10P Mr J Millichamp Room A2	10Q Mrs C Read Room 37	10R Mrs K Turner Room A1	Head of Stage – Middle School Mrs C Anthony	Mrs E Brick Ms C Desvaux Mr J High Miss S Jones Mrs J Mills Mrs M Rumble Mrs K Wilde
11P Mrs J Viani Room 38	11Q Mrs C Tonks Room 33	11R Mr A Petford Room 36		
Apollo Mrs C Tinney – KC4 Mr R Aldridge – The Loft	Jupiter Mr T Pyle – Old Library Mrs Tombs – Room KC1	Mercury Senora G Irvine – Room 13 Frau Gutman – Room 9	Neptune Mr C Godbold - Room KC2 Mrs K Anderson – Room 9	Director of Sixth Form: Mr J Allan Deputy Director of Sixth Form Mrs R Sadd Sixth form Co-Tutors – Mrs G Parish, Mr J Murnane, Mrs S Gallivan

Wellbeing and Pastoral Care – ‘Climb time’ at SHS

Knowing every girl is central to our pastoral approach, and it is imperative to us that each and every student has the best experience that she can, during her time with us at Shrewsbury High School. Our wellbeing and pastoral curriculum is known as ‘Climb’, which encompasses all aspects of our provision throughout your daughter’s journey with us.

At the heart of Climb, we know that happy students perform better, and for our girls to perform to their full potential, they need to feel secure and be heard. We aim to create a climate that promotes moral integrity, character, and kindness to others.

In terms of fostering this sense of Wellbeing – we believe that:

- Effective communication is central to the success of our pastoral work, and therefore this is a priority to us. We will always endeavour to be prompt in our contact with you
- The form tutor is the first point of call; able to help with day-to-day queries in addition to being the key person to nurture and support
- The tutor team, including co-tutors are here to provide that “spark” – so that all our girls are known and helped to be the best they can be
- Every student has access to and time with their Head of Stage – who will guide and mentor every student within their year group, instilling a sense of excitement, adventure, and supportive challenge during each girls’ time with us
- We have several initiatives that run-in school, including Girls on Board, the Positive Project for example, information relating to these can be found on the school website or via contacting your child’s Head of Stage
- We have our School Counsellor on site to support students for three days each week

Climb time happens in form registration periods, assemblies and PSHE sessions.

Contacting the Pastoral Team

Our school front office are always available to help you to find the right person to answer your query, and can be contacted via the main telephone number – 01743 494000, or via email to enquiries@shr.gdst.net For the pastoral team, the Heads of Stage and their contact information is listed as below:

Ms J Shenton	Head of Stage – Lower School	j.shenton@shr.gdst.net
Mr R Allen	Head of Stage - Year 9	r.allen@shr.gdst.net
Mrs C Anthony	Head of Stage – Middle School	c.anthony@shr.gdst.net
Mrs R Sadd	Deputy Director of Sixth form	r.sadd@shr.gdst.net
Mr J Allan	Director of Sixth form	j.allan@shr.gdst.net

You may wish to discuss any family matters, which may have a more serious effect on the work, behaviour, or emotional wellbeing of your child with the Deputy Head teachers, especially if they are of a confidential or sensitive nature. Please call the front office directly to arrange this – on 01743 494000 or email enquiries@shr.gdst.net Mr Payne, our Senior Deputy Head teacher, can be reached on d.payne@shr.gdst.net

In all cases an appointment should be made by ringing the school office.

Should there be occasion on which you wish to contact the School Governors, their names are provided on page 4 of this handbook. We are happy to pass on, in confidence, any correspondence that is left for them with the Clerk to the Governors, Mrs Julie Humphreys (Head’s PA).

Induction for new students

It is vital that for our all new students there is a comprehensive Induction process which supports their start at SHS. Heads of Stage and form tutors take a lead role in providing this support. In addition, please see the area on the school website here [Induction Documents and Information](#) for full details and links.

Our wellbeing and pastoral care structure

Firstly, all SHS staff have a pastoral role. All staff share an interest in their students and encourage them to achieve their full potential, and we firmly believe that all our staff share our pastoral care and approach towards our students.

Form Tutor care

The form teacher or tutor is the first port of call for each of the students - tutors work with their form to get to know everyone as individuals, and to build positive and supportive relationships which are respectful, friendly, and encouraging. The tutor is responsible for the academic and personal welfare of her form.

Head of Stage

The Head of Stage leads the work of form tutors and liaises with academic departments to maintain an overview of student progress, and to support and nurture the year as a whole. Heads of Stage respond to pupils' needs as they arise.

The School Nurse

Pupils may be referred, or independently make an appointment, to see the School Nurse, Mrs Susan Livesey (s.livesey@shr.gdst.net). If a student feels unwell during the school day she should see the school nurse who will assess the pupil's condition, inform the form tutor and if necessary, make arrangements to send the pupil home. The nurse will also conduct health checks during school time.

The School Counsellor

Mrs Rosie Fraser-Andrews is our School Counsellor and students will be offered appointments with the School Counsellor via their Head of Stage and are also able to self-refer for support. If you would like further information, please contact Mrs Fraser Andrews directly (r.fraser-andrews@shr.gdst.net) or your child's form tutor.

Sixth Form Peer mentors

Sixth form students regularly support younger students through the Peer Mentor Programme. This also takes the form of interactions through the Head Girl Committee, the House Captains, and School Council. The Peer Mentoring programme is led by Mr Allan, the Director of Sixth Form.

Personal, Social, Health, Economic Education & Relationships and Sex Education (RSE and PSHE)

Shrewsbury High School takes its responsibility to provide relevant, effective and responsible Relationships and Sex Education (RSE) to all its pupils as part of the school's personal, social, health and economic education curriculum (PSHE) very seriously. At our school we want parents and pupils to feel assured that sex education will be delivered at a level appropriate to both age and development of pupils. This teaching is not intended to replace advice or guidance which is ideally received at home, but to supplement and broaden knowledge and understanding.

Personal Social Health and Economic Education (PSHE) and Relationships, Sex Education (RSE) at Shrewsbury High School are delivered through a planned programme of teaching and learning that at its core promotes pupils' personal and social development and their health and well-being. The three overall themes Health and Well-being, Relationships and Living in a Wider World are taught as part of a spiral

curriculum. It gives our pupils the knowledge, skills and understanding they need to lead confident, healthy, and independent lives and to become responsible members of society.

PSHE and RSE Education are taught through a regular timetabled lesson mainly in small groups as part of the Period X Programme. It is also incorporated through the wider pastoral Climb time, assemblies and whole year group collapsed timetable sessions. The lessons include interactive activities that balance knowledge and understanding with the development of personal skills.

We follow the Department of Education statutory guidance for Relationships and Sex Education for all secondary schools and taught PSHE that remains part of Independent Schools Standards (since 2014). We aim to provide a relevant, broad and a balance curriculum that not just fulfils, but exceeds externally set standards. The Shrewsbury High School curriculum is spiral, so that topics are taught and maybe revisited in an age-appropriate manner.

Examples of some curriculum content taught across Key Stage 3 and 4

- Physical and emotional changes at puberty
- Looking after your body – keeping healthy during puberty
- Respect and responsibility
- Relationships – including marriage, parenthood and legal status of other long-term relationships
- Assessing risk both online and physical
- Resisting pressure and bullying
- The Equality Act
- Body image and feeling good
- Influence of the media and pornography
- Sex, consent, and the law
- Sexual exploitation
- STIs, including HIV, and high- risk behaviours
- The links between sexual behaviour and alcohol
- Conception and contraception
- LGBT+ awareness and gender identity
- Pregnancy and miscarriage
- Parenting, fertility, adoption and fostering
- Abortion
- Accessing help and advice

Throughout the year we will keep you updated with news and signpost support through the newsletters and let you know when particular RSE sessions are coming up. Our Head of PSHE is Mrs Tonks who can be contacted on c.tonks@shr.gdst.net

Period X

From the school's foundation in 1885 a wide-ranging educational experience has always been central to life at Shrewsbury High School. Our genuinely holistic ethos means that we value the many elements of school life which take place beyond the classroom. Period X is a whole school enrichment programme that is dynamic, engaging and motivational so that it is eagerly pursued by our students.

We have designed a programme that creates a challenging and meaningful experience prepares our students for whatever their future throws at them. It is designed to broaden and deepen the minds and bodies of our students from others, where they develop values, capacities and interests beyond the classroom.

Period X enables our students to build self-efficacy, make informed decisions when facing risks, challenging and complex contexts and develop resilience encouraging them to become confident and well-rounded individuals at school and in society.

The Period X programme is structured to offer four themed blocks across the year:

- Physical Well-being
- Mental Well-being
- Personal Development
- Creativity

The whole school is timetabled at the same time on a Wednesday Period 3 which allows us to work right across curriculum areas, vertical groups of students and staff across both junior and senior school.

Academic Information

Parents' Evenings

Regular parents' meetings are held to discuss pupils' progress, in addition to parent forums which are calendared throughout the year on a variety of topics. These are held online, for each year group throughout the year, with a full schedule included on page 21.

If you have any concerns, for example details about who to contact, please speak to your child's form tutor in the first instance or the front office on enquiries@shr.gdst.net

Homework

Each year has a specific homework timetable, and homework is set in all subjects. Homework timetables will be available for all students and the amount/length of homework should be in line with the Independent Learning and Homework Policy.

Homework tasks are set on Microsoft Teams for students, and we encourage the students to develop organisation and time management skills through the setting of tasks and the use of their student planner. We strongly encourage students to use their planner to record any additional information they may need about a task.

Students should also use their planner to record when homework took them significantly longer than the allotted time. The planner is an excellent way for parents to communicate with form tutors in addition to email or a telephone call.

School Examinations

These are held for every year group not taking the public examinations.

- Years 7 – 10 have exams in the summer term, usually beginning in the week before half-term.
- Years 11 and 13 will have 'mock' examinations in January.
- Year 12 will have a January assessment, and the June summer examinations.

These assessments are important as a preparation for public examinations, and as an opportunity for staff, parents, and pupils themselves to assess progress over the year.

GCSE and A Level – appeals about internal assessment decisions and enquiries about results

Occasionally, examination candidates and/or their parents do have concerns, either about internal assessment decisions, or over our decisions about querying external examination results. These concerns are usually resolved in discussion with the appropriate subject staff. In the very unlikely event that your concerns are not resolved in this manner, you should put your complaint, in writing, to the Examinations Officer as soon as possible. The matter will be investigated promptly and in accordance with the School's appeals procedure. A copy of this procedure can be obtained from the school office.

Specific Learning Needs and Difficulties (SEND)

Please inform the school if your child has a specific learning difficulty and send us a copy of any report or assessment. If, during your child's time at Shrewsbury High School you suspect that they may have a specific learning difficulty, or any bar to learning, please discuss the matter with the school.

We cannot offer a diagnostic service but the SENDCO, Mrs Thomas (n.thomas@shr.gdst.net), can work with pupils, observe their attainment, and administer tests which can then be discussed with parents. In any event, we advise that if parents believe that their child might have a learning difficulty, they should consider getting a private assessment from a qualified professional, such as an education psychologist. An assessment helps us to make the best provision for the students, which is decided on a case-by-case basis.

English as a second language (EAL)

Please inform the school if your child speaks English as their second language. This is to help us provide any additional support, if needed.

Use of the Library

The library is open from 9.00am until 5.15pm. After school pupils in Year 7-10 or using the IT equipment may remain in the library between 4pm and 5.15pm. All students should sign in and out.

Pupils below the Sixth Form can borrow six books at a time. Sixth Formers may borrow ten books at a time. These limits may be exceeded if necessary for a particular project. The School Librarian, Miss. A. Hale will arrange this. Books may normally be borrowed for three weeks, at the end of which time they must be returned or renewed. Overdue notices are sent out to form tutors in the first instance

It is expected that a quiet working atmosphere will be maintained – pupils who are disruptive or behave inconsiderately may be asked to leave or given a follow up sanction. Food and drink are not allowed in the library.

Co-Curricular Activities

There is a very wide range of co-curricular activities and opportunities for leadership available during the year, both at lunchtime and after school. These include:

- Amnesty
- Archaeology
- Art
- Art Scholars
- Athletics
- Badminton
- Ball Skills
- Book Clubs
- Careers
- Chamber Choir
- Choir
- Christian Union
- Classics Junk Modelling
- Computing
- Cook and Create
- Cricket
- Crochet
- Cross Country
- Dance
- Debating
- Diversity
- Duke Of Edinburgh Award
- Eco Club
- Engineering Education Scheme
- Feminist Society
- Football
- Fitness Club
- GDST Council Membership
- Greek
- Gymnastics
- Harry Potter Club
- Hockey
- History of Art and Architecture Club
- ImproLinguo
- LAMDA
- Language Challenges
- Maths Puzzles
- Mentoring Young Pupils
- MUN
- Netball
- Orchestra
- Rounders
- School Production
- Science
- Scribble Magazine
- SciSoc
- Senior Strings
- Sports Leadership Award
- STEM
- Swimming
- Table Tennis
- Tennis
- Volleyball
- Zeitgeist

A schedule of activities is published for the pupils each term and emailed home to parents and shared via Daily Notices.

Co-Curricular Music Lessons

Music lessons are available in all orchestral instruments, piano, singing, guitar and drumkit. They are arranged in ten-week terms of half hour lessons. Contracts are made with individual peripatetic teachers, and payment must be made in advance at the start of each term. ***A term's notice in writing (or a term's fees in lieu) is required if a pupil wishes to cease having lessons. This includes transfers to other staff within the department.***

The fees are as follows:

Piano, strings, woodwind, brass, singing, guitar and percussion

Ten 30 minute individual lessons	£180 per term
Ten 20 minute individual lessons	£117 per term
Ten 30 minutes shared lessons	£116 per term

Seniors from Year 10 upwards are taught outside lesson time wherever possible. Younger pupils are also fitted into break times and before/after school, but most popular instruments are arranged on a rota system with times, and sometimes days, changing each week. It is the pupil's responsibility to check the timetables regularly. Learning targets are agreed between pupil and teacher each term, and it is the parent's responsibility to ensure that regular practice sessions are maintained in order to gain maximum benefit from the financial and time investment in lessons. Pupils are strongly encouraged to participate in ensembles of various types for enjoyment and to improve their performing standards.

Co-Curricular Sport

The PE department's main aim is to offer as many students as possible the opportunity to improve their skills further and to have an opportunity to represent school. Whilst there are occasions when winning is the main aim e.g. county tournaments, fixtures are also to give students the opportunity to compete for school at a level that suits their ability and that will help them to continue to develop.

Co-curricular sports clubs and fixtures run at lunchtimes, after school and occasionally at weekends; a few involve an overnight stay. There are opportunities for students to take part on a recreational basis where the emphasis is on fun, fitness and friends or to train as part of a team to represent Shrewsbury High at a local, regional or national level.

Each term a co-curricular timetable is published with times and days of sporting activities. Whilst we work with music, drama and LAMDA to try to maximise opportunities for all of our pupils, there will always be a few clashes, so it is worthwhile waiting until all the information is available before committing to an activity.

In years 7 and 8 we try to keep activities to lunchtimes with a few fixtures after school; hockey, athletics, tennis and swimming are an exception to this. From year 9 onwards we have after school team training sessions to enable them to be more effective and incorporate both skill and tactical work. If a student wishes to be involved in school fixtures, they must commit to team training.

All fixtures and training are included in school fees apart from rowing, which is offered from year 10 upwards. This has an approximate cost of £90 per term to cover hiring Pengwern Boat Club and its equipment and to use experienced coaches to train the students. Year 10 train 12pm – 2pm on a Saturday and year 11 upwards row during their curriculum PE lessons.

High Drama at Shrewsbury High School

Drama is vital to our school. It allows all pupils to develop their confidence and creativity alongside exploring relevant topics in our modern, diverse world. We want pupils to feel that they can use their voices and express themselves in a safe and encouraging community. At SHS pupils have many opportunities to take part in drama outside of the classroom, with all options designed to give pupils the chance to develop life skills for their future. Pupils who actively participate in drama learn how to communicate vocally, use leadership skills, become resilient, show confidence and develop determination. Our commitment and professionalism in creating theatre is high and we want to encourage the same drive in our young artists, ensuring that SHS girls go on to positively influence the next generation of talent in the arts.

The Senior School Production

We perform a large-scale school production each academic year. This works on an alternate basis of a musical and a straight play. This experience is designed to offer pupils at SHS the chance to work with girls across all year groups in rehearsing and performing a production. The project encourages pupils'

creativity, independence and commitment alongside developing and maintaining a passion for theatre and drama that will extend into their adult life.

House Drama

Every academic year, one of the first responsibilities of the new House Captains is to lead their charges in a performance in the Annual House Drama Competition. Over the past few years, productions have ranged from *Matilda* to *High School Musical* and have taken to the stage for a 20-minute performance. As well as a test for the House Captains in terms of organisation, patience and leadership, it is an opportunity for pupils of all years to take part in a creative and collaborative process.

Birmingham Rep Satellite Theatre

Over the course of the academic year pupils can choose to work with a Birmingham Rep director in creating and devising original theatre and film in response to the current season of plays at the Rep in Birmingham. The sessions take place after school every Wednesday, leading up to performance showings both in-house and on the main stage at the Rep. Participants also have the chance to see live theatre, attend backstage tours and speak to theatre professionals in Birmingham.

National Youth Theatre

Here at SHS we want to encourage professional theatre opportunities for those girls who have a passion for acting. In February we invite a director from the National Theatre into school to run a workshop and audition to become part of their Youth Theatre. This is a fantastic taster of the competitive nature of the performance industry. We are proud with our success rate for girls being accepted into this amazing opportunity.

SHS Arts Fest

Every summer we present our arts extravaganza of the 'Arts Fest'. The festival runs over a week and celebrates the brilliant talent among our pupils in drama, dance, music and art. Over the course of the week pupils take part in creative workshops alongside having the chance to perform in several different events such as House Drama, outdoor Shakespeare, Rock Band, Open Mic, Spoken Word Stage, Dance Performance and the Fashion Show.

The Head of Drama, Mrs Paula Tombs can be contacted via email on p.tombs@shr.gdst.net

London Academy of Music and Dramatic Art (L.A.M.D.A)

Visiting Teacher: Paul Blackwell LLAMhons LALAM ALAMhons LSCdip Former LAMDA Examiner

Shrewsbury High School is pleased to offer tuition in Speech and Drama. Taught in small groups, the LAMDA Speech and Drama classes aims to build an individual's self-confidence, develop presentation skills and hone an ability to communicate effectively in pressured situations such as the spoken examination or live interview.

Supported by the LAMDA international examination board and associated syllabus, students gain access to a wide and diverse spectrum of literature inspiring an appreciation of poetry, prose and drama through a vocational application – that of a practically driven live, spoken and interactive performance platform.

The Speech and Drama work helps a student engage with their imagination, gain practical skills in speaking in public, develop stage craft and acting techniques and will, inevitably, encourage and foster an appreciation of poetry, prose and drama.

The LAMDA work aims to provide for the creative, intellectual and social development of the individual as a whole whilst supporting the main school curriculum.

Our visiting LAMDA Teacher, Paul Blackwell has over twenty years of experience as a drama teacher and is a former examiner with the London Academy of Music and Dramatic Art.

If you are interested in your child taking part in the LAMDA Speech and Drama lessons, or would like any further information, please contact Paul Blackwell directly via email at - lamdaman@live.com - or via telephone on 07970 790609.

School Lunches

School lunches are compulsory for years 7 to 11 inclusive and charged termly by Trust along with tuition fees. The fee paid covers the full cost of lunch each day. There is a wide variety of items on offer at lunch to meet all dietary requirements including hot main dishes with vegetarian and vegan options, homemade soup, a sandwich and pasta bar offering a wide selection of ingredients to build your own, a selection of freshly made sandwiches, a salad bar, hot and cold desserts and a selection of drinks.

Any pupil food allergies declared will be input on the pupil database and the information shared to the catering system so that the catering staff can help to monitor food allergies. Should pupils have any specific dietary requirements, then please speak to the Head Chef so that arrangements can be made to meet these.

Dining room accounts are unique to each pupil and catering staff will check that the pupil accessing the account matches the pupil information displayed on the account.

The service opening hours are from 8am until 5pm with hot and cold breakfast items available before school, a break service and light snacks available after school.

Items purchased outside of the lunch allocation are chargeable extras and a cashless system, ParentPay, is in place for parents to top up money available for pupils. Any parents needing details for ParentPay should contact the finance office on financeofficer@shr.gdst.net.

A brunch pre-order facility is available allowing pupils, particularly those who have a busy lunchtime with activities, to collect their pre-order at break. Orders need to be made in the dining room by 8.30am.

There are also a number of deals on offer outside the lunch service. These will vary throughout the year and be advertised in the dining room along with the day's menus.

Years 12 and 13

Lunch is optional for years 12 and 13. However, pupils may purchase food/drinks as they choose with money loaded to their account.

Full details are included in the School Lunch Policy 2022-23.