

# EARLY YEARS CHANGE POLICY

Updated September 2022

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Safeguarding and Welfare Requirements: Health.

Providers must ensure that there are suitable hygienic changing facilities for changing any children who are in nappies.

## **Policy Statement**

No child is excluded from participating at Shrewsbury High School who may, for any reason, not yet be toilet trained and who may still be wearing nappies or the equivalent.

We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at this time.

We provide nappy changing facilities and exercise hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## **Procedures – If a Reception child in our care uses nappies**

Early Years staff will have a list of the children in their care who are in nappies or ‘pull-ups.’

Children should normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and their parents agree.

Children should be changed by a member of EY staff, as far as is reasonably possible. If an EY staff member is not available they will be changed by the school nurse. Two members of staff sign the change form which is shared with parents at the end of the session. Parents also sign this form to acknowledge that they have been made aware that their child has been changed within the setting.

The changing area is warm with a safe area to lay a child down.

Each child has their own bag to hand with their nappies or pull ups and own changing wipes, if they have them. Otherwise we provide the wipes.

We obtain parental consent to apply nappy cream, which is supplied by the parent, if parents request this. Otherwise, no creams or lotions are applied.

Gloves and aprons are put on by staff before changing starts and the area is prepared. Paper towel is put down on the changing mat, freshly for each child.

All staff are familiar with this hygiene procedure and carry this out when changing nappies.

EY staff ensure that nappy changing is relaxed and a time to promote independence in young children.

Children are encouraged to take an interest in using the toilet.

Children are encouraged to wash their hands, and have soap and paper towels to hand.

Children access the toilet when they have the need to and are encouraged to be independent.

Nappies and pull ups are disposed of hygienically following the GDST guidance;

Nappies: Small quantities of can be double bagged in plastic bags. Before closing the first bag, a small solution of 1:10 bleach/water or other sterilising chemical should be added to the waste. The bags should be sealed by knotting and they can then be disposed of with general waste via the ‘black bag’ route.

Trainer pants and ordinary pants that have been wet or soiled are emptied and bagged for the parents to take home.

We have a ‘duty of care’ towards children’s personal needs. If children are left in wet or soiled nappies/pull-ups in the EYs this may constitute neglect and will be a disciplinary matter.

September 2022

**Ryan King**

**Head of Early Years**



**SHREWSBURY**  
HIGH SCHOOL